



# *CENTER FOR WOMEN'S CARE AND REPRODUCTIVE SURGERY*

*Gynecologic Endoscopic Surgery*

## *Hysterectomy*

### *Laparoscopic Supracervical Hysterectomy (LSH) v. Laparoscopic Hysterectomy*

Hysterectomy is the surgical removal of the uterus. The procedure is indicated most often for abnormal uterine bleeding, uterine fibroids, chronic pelvic inflammatory disease, endometriosis, and uterine or ovarian malignancies.

#### **The Laparoscopic Supracervical Hysterectomy (LSH)**

The laparoscopic supracervical hysterectomy is a laser surgery procedure developed by Dr. Lyons that leaves the woman's cervix intact. The procedure causes less trauma to the patient and leaves the pelvic floor intact as a further deterrent to pelvic prolapse or urinary stress incontinence later on. In addition to less discomfort and an even quicker recovery than alternative procedures, the patient can resume normal activity within two days and intercourse within two weeks, compared to a six to eight week resumption with abdominal hysterectomy. A 30-year study documents that sexual function is enhanced post-operatively because of decreased scarring and trauma to the vagina. In the study, pre-operatively, 76% of the patients were orgasmic, and six months after surgery, 78% were orgasmic.

#### **Laparoscopic Hysterectomy**

Laparoscopic Hysterectomy is the surgical removal of the entire uterus (including the cervix) using the laparoscope. The ovaries can also be removed with either this procedure or with LSH

*1140 Hammond Drive, Bldg. F-6230  
Atlanta, GA 30328  
770-352-0037 or  
Toll free 888-545-0400*